

ROCKY MOUNTAIN SPOTTED FEVER

RMSF is a bacterial disease spread through the bite of an infected tick.

HOW DO PEOPLE GET RMSF?

Rocky Mountain Spotted Fever is spread through the bite of an infected tick.

WHAT ARE THE SYMPTOMS OF RMSF?



Fever



Headache



Rash



Nausea



Vomiting



Muscle Pain



Stomach Pain



Lack of Appetite



WHERE DOES RMSF OCCUR?



Occurs throughout parts of the United States and Mexico, but most reported from North Carolina, Tennessee, Missouri, Arkansas, and Oklahoma.

TESTING

See your doctor or other healthcare provider if you become ill after having been bitten by a tick or having been in the woods or in areas with high brush where ticks commonly live.

Your doctor or other healthcare provider may then order certain blood tests to look for evidence of RMSF.

TREATMENT

RMSF can be deadly if not treated early. Early treatment with the antibiotic doxycycline can prevent death and severe illness in adults and children of all ages.

PREVENTION

There is no vaccine to prevent RMSF. Ticks live in grassy, brushy, or wooded areas, or even on animals, so spending time outside camping, gardening, or hunting will bring you in close contact with ticks. Protect yourself, your family, and your pets by:

1. Knowing where to check for ticks:



In and around the hair



Under the arms



Around the waist



Back of the knees



In and around the ears



Between the legs



Inside the belly button

- 2. Shower as soon as possible after spending time outdoors
- 3. Treat clothing and gear with 0.5% permethrin
- 4. Use EPA registered insect repellant
- 5. Avoid Contact with Ticks

Source: http://www.cdc.gov/rmsf/index.html

Disclaimer: This information does not constitute medical advice or a doctor-patient relationship



